



## Project: Valentine Hearts

Level: Beginner

These hearts are easy and fun to make. Fill them with sachet (lavender) or cotton and attach ribbon and pins to them.

### Materials:

- Worsted weight wool
- Size #8 needles

**Sizes:** Small – 2"x2", Medium – 3" x 3", Large – 3.5" x 4"

### Heart Pattern: (large and medium)

- Step 1 CO 2 sts  
Row 1: Knit  
Row 2: Kf&b of each st. 4 sts.  
Row 3: P4.  
Row 4: Kf&b of first st, K1, Kf&b of next 2 sts. 7 sts.  
Row 5: Purl.  
Row 6: Kf&b of first and last stitch.  
Row 7: Purl.  
Rows 8-15: Repeat rows 6 and 7 until 17 sts.
- Step 2 Knit middle of heart. Omit this step for MEDIUM heart.  
Rows 16-21: Do St st for 6 rows.
- Step 3 Decrease to make heart top.  
  
Row 22: K2tog, K5, K2tog. 7 sts on left needle; 8 sts on right needle.  
Row 23: Turn and purl the 7 sts. Continue to knit this side of the heart.  
Row 24: K2tog at each end of knit rows until last 3 sts.
- Step 4 BO knitwise.
- Step 5 Pick up yarn on other side starting from the inside of the heart.

Knit across and K2tog at end of row. 7 sts  
Purl.  
K2tog at each end of knit rows until last 3 sts.  
BO knitwise.

- Step 6 Assemble. Put right sides together and begin sewing with yarn as thread at the bottom point of the heart. Sew around the top of the heart and around the other side, leaving about a  $\frac{3}{4}$ " opening. Turn the heart right side out and stuff with lavender or cotton and sew up the opening.

### Heart Pattern: (small)

- Step 1 CO 1 st  
Row 1: Knit in the front, back and front again; 3 sts.  
Row 2: Purl.  
Row 3: Kf&b of first and last stitches; 5sts.  
Row 4: Purl.  
Row 5-10: Repeat last 2 rows until 11 sts.  
Row 11: K4, K2tog, K5.  
Row 12: Purl Purl 5 sts. Then turn and  
Row 13: K2tog, K1, K2tog; 3sts, BO these 3 sts.
- Step 2 Next, pick up yarn to finish the other side of the heart.  
Purl 5 sts. Then turn and  
K2tog, K1, K2tog; 3sts, BO these 3 sts.
- Step 3 Follow the assembling directions above.

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